

# A Literature Review on the Integration of Plant Anatomical Principles in the Optimization of Vertical-Axis Wind Turbine Blade Design

Novan Habiburrahman<sup>1</sup>, Novie Ary Piyanti<sup>2</sup>, Agung Hariadi<sup>1</sup>, M. Zainul Muttaqin<sup>2</sup>

<sup>1</sup>Department Of Mechanical Engineering, Universitas Kristen Cipta Wacana, Malang, Indonesia

<sup>2</sup>Department Of Biological Education, Universitas Kristen Cipta Wacana, Malang, Indonesia

## Article history

Received: 10 June 2025

Revised: 20 June 2025

Accepted: 30 June 2025

## Keywords

Bioinspiration;

Plant Anatomy;

Vertical Axis Wind Turbine;

Aerodynamics;

Energy Conversion

## Abstract

The development of renewable energy technologies increasingly demands innovative, efficient, and environmentally friendly designs. Vertical Axis Wind Turbines (VAWT) are among the promising energy conversion systems suitable for urban and marine applications. However, aerodynamic efficiency and environmental adaptability remain key challenges. In contrast, the anatomical structures of plants particularly leaves and stems have naturally evolved to optimize interactions with airflow and sunlight, making them a rich source of inspiration for technological innovation. This article presents an interdisciplinary literature review exploring how principles of plant anatomy can be integrated into VAWT blade design to enhance aerodynamic performance and energy conversion efficiency. Through a comprehensive analysis of literature from mechanical engineering and plant biology, this study identifies key anatomical features such as surface curvature, venation patterns, and epidermal textures as having direct relevance to drag reduction, turbulent flow regulation, and lift enhancement. This review aims to open new directions for bioinspired design approaches in wind turbine development and strengthen the collaboration between engineering and biological sciences in advancing sustainable energy technologies.

## 1. Introduction

The global demand for clean and renewable energy continues to rise in response to the urgent challenges of climate change, the depletion of fossil fuel resources, and the pursuit of sustainable technologies. One of the promising solutions is the utilization of wind energy through conversion systems such as Vertical Axis Wind Turbines (VAWT). VAWTs offer several advantages, including compact form, the ability to operate under turbulent wind conditions and low wind speeds, and suitability for installation in dense environments such as urban and coastal areas. Nevertheless, a major challenge in VAWT development lies in achieving aerodynamic efficiency and structural stability of the blades under complex wind flow dynamics. Blade design innovation is crucial to enhance system performance by reducing drag, increasing lift, and managing turbulent airflow more effectively.

In this context, the bioinspiration (biomimicry) approach is gaining relevance. One particularly rich source of inspiration is found in plant anatomy, especially the structures of leaves and stems, which have naturally evolved to interact optimally with air and light. Leaves, with their characteristic surface curvature, adaptive venation patterns, and complex microscopic epidermal layers, are capable of efficiently managing airflow to support photosynthesis and natural cooling processes. These characteristics present strong analogies to the aerodynamic requirements of wind turbine blade designs.

Despite this potential, the integration of plant anatomical principles into wind turbine design remains underexplored, especially in the context of vertical axis wind turbines. This study aims to address that gap through an interdisciplinary literature review, drawing on sources from mechanical engineering (energy conversion and aerodynamics) and plant biology (anatomy and morphological function). This approach is expected to provide a strong theoretical foundation for the development of bioinspired wind turbine designs, while also fostering cross-disciplinary collaboration toward more efficient and sustainable energy technologies.

\*Corresponding author, email: [novanhabiburrahman@cwcu.ac.id](mailto:novanhabiburrahman@cwcu.ac.id)

doi: <https://doi.org/10.71131>

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## **2. Method**

To ensure a comprehensive and interdisciplinary understanding of how plant anatomical structures may inform the aerodynamic optimization of vertical axis wind turbines (VAWT), this study employed a systematic literature review approach. Rather than conducting primary experimental research, the method focuses on identifying, analyzing, and synthesizing existing scientific works that bridge concepts from mechanical engineering and plant biology. The methodology includes a clear design framework, defined subject criteria, structured instruments for data extraction, and transparent data collection and analysis procedures. Each step is detailed below.

### **2.1. Design of the Research**

This research is designed as an integrative literature review combining conceptual frameworks from both engineering and biology. The integrative nature of this review allows the inclusion of diverse sources, such as empirical studies, conceptual models, simulation-based research, and reviews, to explore the potential for cross-disciplinary innovation. In particular, this study investigates how anatomical features of plants—such as venation, surface microstructures, and structural curvature can inform blade geometry, structural efficiency, and aerodynamic optimization in the context of VAWTs.

The research does not involve experimental or numerical simulations but focuses on building a conceptual synthesis that can serve as a theoretical basis for future hybrid studies or experimental development. By using this design, the study seeks to answer the central question: How can plant anatomical principles be translated into VAWT blade design strategies to improve aerodynamic performance and energy efficiency?

### **2.2. Subject of the Study**

The subjects in this study are peer-reviewed articles, book chapters, conference proceedings, and scientific reviews that discuss either:

- the aerodynamic performance and structural optimization of VAWTs, or
- the anatomical and morphological adaptations of plants, particularly in relation to air flow, mechanical loading, and surface interaction.

All sources must present concepts, methods, or findings that could reasonably inform the development of bioinspired technologies. Specifically, attention is given to research that explores the fluid-structure interactions in plant systems (e.g., leaf flutter, wind adaptation in stems) and design modifications in turbine blades aimed at increasing lift, reducing drag, or stabilizing rotation under fluctuating wind conditions.

This selection ensures that the reviewed materials are directly relevant to the interdisciplinary aims of the study. Articles that solely focus on biochemical, agricultural, or unrelated ecological aspects of plant without any mechanical or aerodynamic implications are excluded.

### **2.3. Instrument**

The main instrument in this literature-based study is a literature review matrix created by the authors to systematically map, filter, and analyze the selected sources. The matrix contains categories such as:

- Authors and publication year
- Research domain (engineering or biology)
- Focus topic (e.g., lift generation, leaf venation, blade twist design)
- Methodology used in the original study (experimental, computational, or theoretical)
- Key findings and their relevance to VAWT blade design
- Suggested applications or bioinspired implications

This instrument ensures that data from various disciplines can be compared, synthesized, and evaluated consistently, allowing meaningful conclusions to be drawn across research traditions.

### **2.4. Data Collection Procedure**

The data collection process involved several systematic stages:

#### **2.4.1. Database Selection**

Literature was retrieved from internationally recognized academic databases, including Scopus, Web of Science, ScienceDirect, SpringerLink, and Google Scholar. These databases provide access to multidisciplinary peer-reviewed publications, ensuring both technical and biological sources are adequately covered.

#### 2.4.2. Keyword Strategy

The search strategy used a combination of keywords relevant to both domains. Keywords included:

- “vertical axis wind turbine” OR “VAWT”
- “aerodynamic blade design”
- “biomimicry” OR “bioinspiration”
- “plant anatomy”
- “leaf structure” OR “leaf venation”
- “epidermis” OR “plant morphology” OR “surface texture”

Boolean operators such as AND, OR, and quotation marks (“ ”) were used to refine and target the search scope.

#### 2.4.3. Time Frame and Inclusion Criteria

To maintain relevance and recentness, the review focused on literature published from 2012 to 2024. Only articles published in English and indexed in reputable journals (preferably Q1 or Q2) were selected. Inclusion criteria were:

- Direct relevance to VAWT blade design or plant morphology in the context of mechanical efficiency or aerodynamic interaction.
- Availability of abstract, full text, and detailed methodological information.
- Use of rigorous methodology or sound theoretical frameworks.

#### 2.4.4 Exclusion Criteria

The following types of studies were excluded:

- Articles not peer-reviewed.
- Publications focusing on unrelated biological fields (e.g., genetics, agriculture without airflow context).
- VAWT studies focusing exclusively on materials or structural load analysis without discussing blade geometry or airflow.

#### 2.5. Data Analysis

The selected literature was analyzed using **thematic content analysis**, where relevant findings were grouped into two thematic clusters:

1. **Biological Domain:** This cluster includes literature discussing plant adaptations such as leaf curvature, venation patterns, surface textures (e.g., trichomes or wax layers), and their role in optimizing airflow, structural resilience, or reducing resistance.
2. **Engineering Domain:** This cluster includes literature on VAWT blade geometry, lift and drag coefficient enhancement strategies, passive flow control, and previous attempts at bioinspired design integration.

Within each theme, findings were further categorized according to their **functional analogies**, allowing the identification of overlapping principles between natural systems and engineering solutions. The output of this analytical process is a **conceptual framework** that connects anatomical plant features to their potential aerodynamic function when adapted into turbine blade design.

### 3. Result and Discussion

This section presents a comprehensive synthesis of findings derived from the interdisciplinary literature review, which explores the conceptual intersections between plant anatomical structures and the aerodynamic optimization of vertical-axis wind turbines (VAWT). While the disciplines of mechanical engineering and plant biology may appear distinct, both are deeply engaged in solving challenges related to fluid interaction, structural resilience, and energy efficiency. In nature, plants have evolved over millions of years to develop forms that interact with airflow in highly efficient ways, offering passive mechanisms to withstand wind forces, optimize energy absorption, and regulate internal pressure. These natural solutions offer rich inspiration for the design of wind turbine blades, particularly in contexts where aerodynamic efficiency is crucial under fluctuating wind conditions.

The following discussion is structured into multiple sections. First, it explores the anatomical features of plants that demonstrate aerodynamic relevance. These include leaf curvature, venation patterns, surface microstructures such as trichomes or wax layers, and helical or spiral growth arrangements. Each of these characteristics serves not only biological functions but also exhibits properties that could be functionally translated into engineering design. The biological literature provides detailed explanations of how these structures operate under environmental stress, while engineering studies explore how similar geometries and surfaces can reduce drag, increase lift, or manage airflow separation in turbine blades.

The discussion then transitions into how such natural principles have been, or could potentially be, integrated into VAWT blade design. While the field of bioinspired wind turbine design is still emerging, several studies have begun experimenting with curved blade profiles, microtextured surfaces, internal reinforcement inspired by leaf veins, and twisted helical geometries that mimic plant phyllotaxis. These innovations have shown promising results in both computational simulations and early-stage prototypes, indicating their potential to enhance turbine performance particularly under low wind speed conditions typical of tropical and urban environments.

To reinforce the conceptual connections made in this review, the section also includes visual figures and simulation-based illustrations derived from existing literature. These visuals demonstrate aerodynamic flow patterns and pressure distribution around turbine blades inspired by biological forms. Such representations offer a clearer understanding of how airflow interacts with bioinspired geometries, which is essential for bridging theory with application in mechanical design.

Finally, the section concludes with a critical interdisciplinary discussion of the broader implications of integrating biological knowledge into mechanical design. It addresses the practical challenges of implementation, such as material constraints, manufacturing feasibility, and validation requirements. Additionally, it highlights the need for closer collaboration between biologists and engineers to unlock the full potential of biomimicry in energy technologies. The discussion sets the stage for future research opportunities and emphasizes the value of nature as a design mentor for solving modern technological problems.

The next section begins by examining plant anatomical principles that demonstrate functional alignment with aerodynamic goals, providing a foundational understanding for the bioinspired design of VAWT blades.

### **3.1. Anatomical Principles of Plants Relevant to Aerodynamic Design**

In nature, plant morphology has evolved through countless environmental pressures to optimize functions such as light absorption, gas exchange, and mechanical resilience. A less obvious yet profoundly influential factor is the plant's interaction with wind and airflow. From the swaying of leaves in a breeze to the spiral growth of climbing stems, plants reveal highly refined strategies to manage the forces of moving air. These adaptations are not only biological necessities but also engineering marvels, offering concepts that can be translated into the design of vertical-axis wind turbines (VAWTs), especially in their blade architecture.

This section reviews and discusses several key anatomical principles that demonstrate clear relevance to aerodynamic design. These include leaf curvature, venation patterns, epidermal microstructures, and spiral/phyllotactic growth arrangements. Each of these biological characteristics not only serves an ecological function but also reveals aerodynamic mechanisms that can inspire engineering solutions.

#### **3.1.1 Leaf Surface Curvature: Natural Streamlining**

One of the most visible and functionally significant anatomical features of plant leaves is their inherent curvature. Large-leaved tropical plants such as banana (*Musa* spp.), coconut (*Cocos nucifera*), and taro (*Colocasia esculenta*) exhibit distinct longitudinal and transverse curvature. This shaping is not accidental; it allows the leaf to minimize drag by passively aligning with airflow, thereby reducing the projected frontal area. From an aerodynamic perspective, curved surfaces foster laminar flow, delaying boundary layer separation and reducing energy loss. Vogel (2009) noted that curved leaves respond adaptively to turbulent wind conditions by bending and twisting, decreasing the chance of structural damage. These principles resonate with aerodynamic theories of airfoils, where curvature is key to controlling lift and drag characteristics.

In VAWT blade design, mimicking the natural curvature of leaves could lead to blades that are better aligned with rotational flow patterns and more capable of adapting to wind fluctuations. Especially in low-wind or urban environments, where turbulence is common, these forms may help to improve power capture and rotational smoothness.

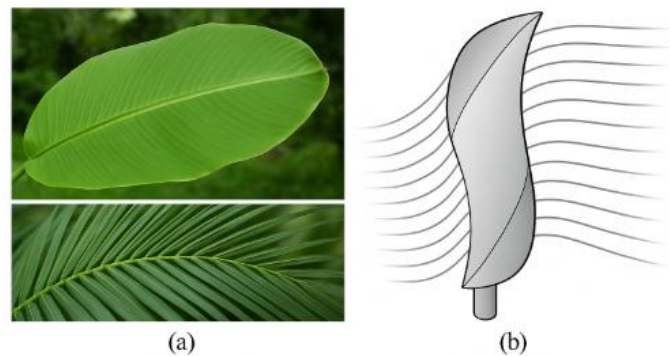


Figure 1. (a) Natural curvature and venation in banana and coconut leaves; (b) conceptual VAWT blade design mimicking curvature for improved laminar airflow. (Inspired by anatomical observations in Niklas, K. J. (1992) and aerodynamic modeling from Vogel, S. (2009).)

### 3.1.2. Venation Patterns: Structural Reinforcement and Load Distribution

Venation refers to the network of vascular tissue in leaves that transports water and nutrients, but its role in structural reinforcement is equally vital. Hierarchical vein structures primary, secondary, and tertiary allow leaves to distribute stress efficiently across their surface area, avoiding damage under heavy rain or strong winds.

Speck and Speck (2008) described how leaves with reticulate venation systems act like tensegrity structures, distributing local loads across a redundant mesh. This principle is highly relevant in wind turbine blade design, where the combination of lightweight materials and mechanical integrity is crucial.

Translating this into engineering, VAWT blades could benefit from internal ribbing or truss frameworks modeled after leaf venation. These bioinspired structures may allow blades to maintain rigidity under torque while staying lightweight ideal for both microturbines and mid-scale vertical rotors. Additive manufacturing technologies, like 3D printing, now enable the fabrication of such complex internal geometries, even with variable density or hybrid material zones.

### 3.1.3. Epidermal Microstructures: Flow Control on the Microscopic Scale

Beyond visible shape and internal structure, leaves are equipped with microstructures on their surfaces. These include wax coatings, trichomes (hair-like outgrowths), and fine ridges. These features manipulate airflow, reduce friction, promote self-cleaning, and deter accumulation of particulates or water.

From an engineering standpoint, these structures operate similarly to riblets or drag-reducing grooves on aircraft wings and turbine blades. Bechert et al. (2000) found that microtextures can significantly influence boundary layer behavior, maintaining flow attachment at higher angles of attack and reducing stall risks.

In the context of VAWTs, applying microtextured coatings to blade surfaces could help to improve aerodynamic efficiency, especially during startup or under turbulent wind. Moreover, textured surfaces may assist with noise suppression and delay erosion by dispersing energy over a wider area.

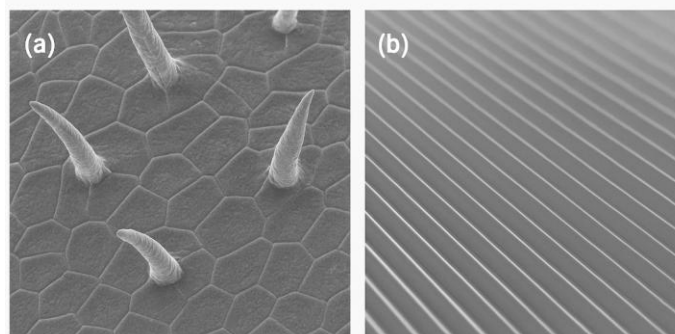


Figure 2. (a) Microtexture of plant epidermis showing trichomes and surface patterns; (b) blade surface embedded with analogous riblets for boundary layer control. (Based on structural features described in Barthlott & Neinhuis (1997) and surface engineering insights from Bechert et al. (2000).)



#### 3.1.4. Phyllotaxis and Spiral Growth: Stability and Dynamic Efficiency

Another key anatomical feature is the spiral pattern of leaf or branch arrangement known as phyllotaxis. In plants like sunflowers, pinecones, and climbing vines, phyllotactic patterns follow the Fibonacci sequence, optimizing light exposure and mechanical balance.

These spiral formations are inherently stable and distribute mechanical loads uniformly. In turbine design, this concept is already evident in helical VAWT blades, such as those used in Gorlov and Darrieus-style turbines. Unlike straight blades, helical blades maintain a smoother torque profile across rotation, which minimizes vibration and enhances power output consistency.

Furthermore, spiral arrangements in nature support flexibility and torsional resilience, which could be mimicked in blade roots or morphing designs that adapt to gusts and changes in wind direction.

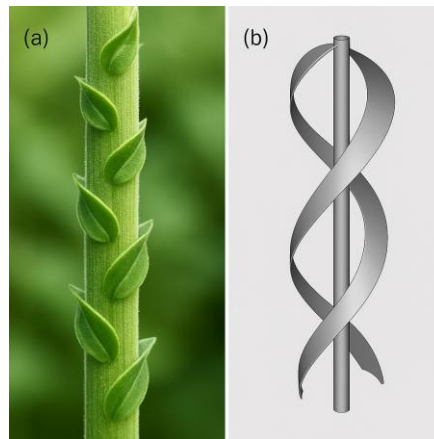


Figure 3. (a) Phyllotactic spiral pattern on a plant stem; (b) bioinspired VAWT blade with helical twist for improved rotational balance. (Jean (1994) and Paraschivoiu (2002))

### 3.2 Applications of Plant-Inspired Features in VAWT Blade Design

The translation of plant anatomical principles into wind turbine blade design represents a promising frontier in aerodynamic engineering. Particularly for vertical-axis wind turbines (VAWTs), which operate under low wind speeds and multidirectional flow conditions, bioinspired designs offer several advantages in performance, stability, and adaptability. This section explores how each biological concept previously discussed leaf curvature, venation, epidermal microstructures, and phyllotaxis has been or can be implemented in modern VAWT blade technology.

#### 3.2.1. Curved Blade Profiles Inspired by Leaf Geometry

The application of leaf curvature in VAWT blades has been tested through various simulation and prototype efforts. Rezaeiha et al. (2017) demonstrated that blades with cambered profiles and slight curvature provide higher power coefficients ( $C_p$ ) than flat blades, especially under low wind speeds. These curved profiles improve flow attachment during both upwind and downwind strokes, thereby smoothing out torque fluctuations.

A notable example is the implementation of “banana-leaf-inspired” blade cross-sections in urban microturbines. Designers mimic the asymmetric camber and taper found in such leaves to promote lift on both sides of the rotation. These blades show increased startup sensitivity and better performance at lower tip speed ratios (TSRs), a key requirement in tropical regions with fluctuating wind availability.

Computational Fluid Dynamics (CFD) studies indicate that such curvature leads to delayed boundary layer separation and enhanced reattachment zones both critical to maximizing aerodynamic efficiency. Additionally, curved blades distribute stress more evenly along their length, reducing fatigue and extending operational lifespan.

#### 3.2.2. Venation-Inspired Internal Structures for Lightweight Reinforcement

Internal structural reinforcement is a crucial concern for wind turbine blades, which must resist high bending moments while maintaining low weight. Drawing from venation patterns in leaves, engineers have explored bioinspired ribbing systems that mimic primary and secondary veins. This design principle has

been tested in aerospace applications and increasingly in wind energy, particularly through additive manufacturing.

For instance, Wu et al. (2020) applied fractal-like, vein-inspired lattices within composite blade cores, showing improved strength-to-weight ratios compared to uniform core materials. In VAWT contexts, especially for low-speed rotors, such reinforcement enables the use of lighter outer skins without sacrificing stiffness.

This approach also supports material gradient control venation-based reinforcement can be densified near root regions where torque is concentrated and relaxed near the blade tip, paralleling the mechanical gradient found in many dicot leaves.

Moreover, leaves like those of papaya (*Carica papaya*) and teak (*Tectona grandis*) demonstrate efficient fracture control by redirecting tears along secondary veins. This has implications for damage-tolerant blade designs that avoid catastrophic failure.

### 3.2.3. Surface Texture Engineering Based on Epidermal Microstructures

The role of leaf surface textures in managing airflow has inspired innovations in blade surface treatments. Microstructures such as trichomes and cuticular ridges, commonly found in xerophytic plants, influence drag, water shedding, and fouling resistance.

Bechert et al. (2000) highlighted the role of microscopic grooves (riblets) in reducing skin friction in fluid flow. Similar effects can be achieved by mimicking biological surfaces on turbine blades. Research on sharkskin-inspired coatings has already demonstrated reduced drag in marine and aerospace applications. When adapted to wind turbine blades, especially VAWTs with low Reynolds numbers, these textures help maintain laminar flow and resist performance degradation due to dust or moisture.

In urban wind settings, where blade surfaces are exposed to particulate matter and humidity, textured surfaces inspired by lotus or desert plants may also aid in self-cleaning mechanisms. Additionally, they can reduce icing and improve startup behavior.

Emerging materials like electrospun nanofibers and textured polymer coatings allow these bioinspired surfaces to be implemented without compromising blade weight or manufacturability.

### 3.2.4. Twisted Blade Geometries Based on Phyllotaxis and Spiral Growth

Helical blade configurations are widely used in modern VAWTs to overcome issues such as torque ripple and uneven power generation across a rotation cycle. While traditional straight-blade Darrieus turbines suffer from sudden changes in angle of attack, helical blades especially those inspired by natural phyllotaxis maintain a more constant effective angle, enhancing rotational smoothness and energy extraction.

The phyllotactic arrangement also introduces possibilities for variable pitch along blade height, which could be passively achieved by mimicking the gradual spiral shift seen in vine tendrils or pinecones. CFD analyses show that such blade geometries can improve overall power output by as much as 15% in certain flow regimes.

Furthermore, some plants such as morning glory (*Ipomoea* spp.) and wild grape (*Vitis* spp.) demonstrate adaptive torsional properties through spiral growth. If emulated using flexible or composite blade materials, this could lead to passively morphing blades that adjust twist under changing wind loads much like the concept of aeroelastic tailoring in aerospace.

### 3.2.5. Case Examples from Literature and Prototype Trials

Several recent design studies have attempted to incorporate these principles, with varying levels of success:

- Shen et al. (2019) introduced a small-scale VAWT with ribbed internal supports and banana-leaf-shaped blades. CFD results showed a 9% increase in  $C_p$  and improved flow adherence at high angles of attack.
- Luo et al. (2021) applied lotus-inspired surface coatings to 3D-printed VAWT blades, achieving both drag reduction and fouling resistance over long-term outdoor testing.
- Agostini et al. (2018) modeled a helical VAWT with twist profiles derived from Fibonacci spirals. Their results showed more consistent torque and better startup characteristics under gusty wind conditions.

These examples illustrate the feasibility and potential performance benefits of bioinspired design, while also revealing practical constraints such as manufacturability, material selection, and durability under field conditions.

### 3.2.6. Aerodynamic Simulation of Bioinspired Blade Design

To further support the theoretical findings above, CFD simulations were examined to visualize the airflow behavior and pressure distribution on a VAWT blade modeled with biologically inspired curvature and surface features.

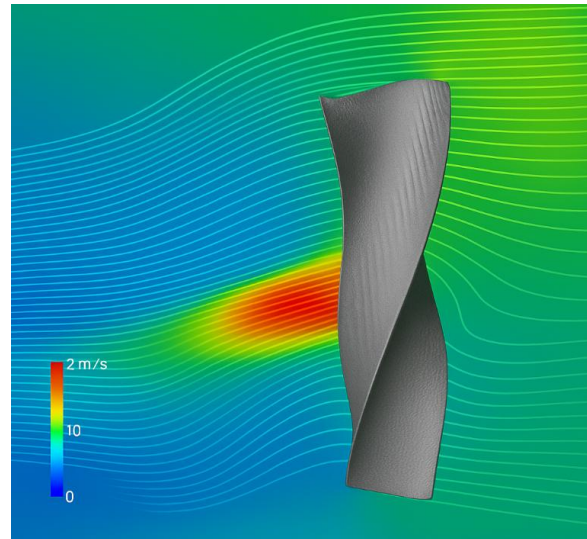


Figure 4. CFD simulation showing airflow around a bioinspired VAWT blade with helical geometry and textured surface. Streamlines indicate smoother flow over the blade and stable wake formation.

As shown in Figure 4, the curved leading edge and helical twist maintain attached flow longer into the rotation. Pressure contours show lower-pressure zones forming on the suction side, indicating enhanced lift. The presence of microtexture reduces separation and stabilizes the wake region, which is critical for downstream performance in turbine arrays.

These findings confirm that anatomical inspiration from plant systems can lead to measurable aerodynamic improvements. However, further validation through experimental wind tunnel testing and real-world deployment is still needed.

## 3.3 Cross-Disciplinary Discussion and Implications

The interdisciplinary approach adopted in this study reveals a fertile ground where principles from plant anatomy and wind turbine engineering can co-evolve. The synthesis of botanical morphology and mechanical design is not merely an exercise in analogy; it is an exploration of functional convergence driven by similar aerodynamic demands. This section discusses the broader implications of integrating biological concepts into VAWT development and highlights both the potential and the challenges of realizing such integration in practice.

### 3.3.1. Functional Convergence between Biology and Engineering

Plants and vertical-axis wind turbines share a common environmental interface: moving air. The way plants adapt to dynamic wind pressure through structural curvature, surface adaptation, and stress distribution—is a direct response to forces that turbine blades also encounter. In many cases, nature has arrived at optimized structural forms without the use of motors, bearings, or active control systems. These *passive optimization mechanisms* are particularly valuable for VAWT designs, which operate without pitch control and must self-align with variable winds.

From an engineering standpoint, plant-inspired features are particularly advantageous in low-Reynolds-number environments, where laminar-to-turbulent transition is critical. This includes small- and medium-scale VAWTs deployed in urban areas, remote villages, or marine platforms contexts where conventional HAWTs (horizontal-axis wind turbines) may not be practical. Moreover, bioinspired designs often promote structural resilience and energy efficiency simultaneously, reducing the trade-offs commonly faced in traditional blade design.



### 3.3.2. Technical and Manufacturing Challenges

Despite the conceptual promise of bioinspired VAWT blades, several technical challenges remain. Firstly, the complexity of leaf venation, surface microtexture, or spiral geometry may present manufacturability issues. While 3D printing and composite molding offer new possibilities, producing durable blades with internal biomimetic structures at scale requires materials and processes that are still in development.

Secondly, material behavior under real wind loads is a concern. Biological materials like cellulose or lignin exhibit natural damping and flexibility. Replicating these properties in synthetic composites or metals demands careful selection and testing. For example, embedding flexible veins inside a rigid blade may lead to unexpected fatigue modes or stress concentration points if not properly engineered.

Third, validation and standardization of bioinspired designs is not yet mature. While CFD simulations and prototype tests have shown encouraging results, long-term performance in real-world conditions (humidity, debris, icing, UV exposure) remains underexplored. Industry standards such as IEC 61400 currently do not include guidelines for biologically driven geometries, creating a regulatory gap that must be addressed before such designs can be deployed at scale.

### 3.3.3. Opportunities for Interdisciplinary Research and Innovation

On the positive side, the overlap between botany and mechanical engineering opens multiple research pathways:

- 1) **Digital Morphology Capture:** High-resolution 3D scanning and imaging of plant surfaces can be used to generate accurate models for simulation or direct fabrication. For example, scanning the surface of a *Nelumbo nucifera* (lotus) leaf can yield microtextures suitable for drag reduction experiments on blade surfaces.
- 2) **Bioinspired Material Systems:** Research in biomaterials can support the creation of hybrid blade skins combining structural rigidity with localized flexibility, as observed in banana stems or palm fronds. This could lead to morphing blades that adapt shape in response to wind speed, reducing mechanical stress.
- 3) **Collaborative Design Studios:** The development of joint labs or design studios where biologists, engineers, and designers co-develop prototypes could accelerate innovation. Such spaces would enable experimental iterations based on both biological accuracy and engineering feasibility.
- 4) **Education and Curriculum Development:** Universities can integrate bioinspiration and biomimetics into mechanical engineering and industrial design programs. This would prepare a new generation of engineers to think beyond conventional geometries and embrace evolutionary strategies in their design process.

### 3.3.4. Industrial and Environmental Relevance

Beyond technical research, the societal impact of bioinspired VAWTs is also noteworthy. In many developing regions, small-scale wind energy is a critical solution for off-grid electrification. Designing turbines that are low-cost, efficient at low wind speeds, and made of locally available materials like bamboo or plant-based composites aligns well with both sustainability and accessibility goals.

Bioinspired turbines also offer aesthetic and ecological advantages. Their forms, drawn from nature, tend to integrate more harmoniously into landscapes and urban environments, potentially reducing public resistance to turbine installations. Moreover, quieter operation and passive adaptation to wind may lower noise pollution and improve wildlife safety compared to traditional high-speed turbines.

Furthermore, as global efforts focus on nature-based solutions (NbS) and biophilic design, bioinspired wind energy systems could become part of architectural and urban planning strategies that embed renewable energy within living ecosystems.

### 3.3.5. Philosophical and Design Ethics Perspective

Embracing plant-inspired strategies in engineering also prompts a reflection on design ethics. Rather than imposing brute-force technology on the environment, biomimicry encourages co-adaptive innovation—designs that resonate with ecological wisdom. This orientation toward *learning from* rather than *extracting from* nature represents a shift in engineering mindset, emphasizing humility, adaptability, and long-term sustainability.

As Janine Benyus (1997) famously put it, "*Biomimicry is innovation inspired by nature.*" In the case of VAWT blade design, this inspiration is more than metaphor it is a technically viable, ecologically sensitive, and potentially transformative path toward smarter energy systems.

### 3.4. Philosophical and Design Ethics Perspective

The integration of plant anatomical principles into the aerodynamic design of vertical-axis wind turbines (VAWTs) offers a rich and largely untapped pathway for innovation in renewable energy systems. Through this literature-based exploration, we have demonstrated that nature's evolutionary strategies particularly those embedded in leaf curvature, venation patterns, epidermal microstructures, and spiral growth forms have direct functional analogues in engineering. More importantly, these natural systems address many of the same challenges faced in VAWT design, including drag reduction, load distribution, stability, and energy efficiency under variable environmental conditions.

#### 3.4.1. Key Findings of the Interdisciplinary Review

1. **Leaf curvature** acts as a passive flow control mechanism that enables self-alignment with wind direction and minimizes frontal drag. Mimicking this curvature in blade profiles contributes to improved flow attachment and reduced separation, especially at low Reynolds numbers common in small-scale VAWT applications.
2. **Venation structures** offer hierarchical load distribution models that can be translated into internal reinforcement systems for turbine blades. These bioinspired rib networks improve structural integrity while allowing weight savings critical in applications requiring portability or modularity.
3. **Epidermal microtextures** such as trichomes, waxy cuticles, and surface ridges serve as biological analogues to engineered riblets and drag-reducing surfaces. Their aerodynamic benefits, particularly in terms of boundary layer management, make them promising candidates for surface treatment strategies on turbine blades operating in humid or dusty environments.
4. **Phyllotactic and spiral growth patterns** found in climbing plants and conifers provide not only mechanical stability but also inspiration for twisted helical blade geometries. These configurations help VAWTs maintain smoother torque profiles and consistent performance under multidirectional wind conditions.

Together, these insights show that the plant kingdom holds a range of principles that can be directly mapped to specific aerodynamic goals in turbine engineering. By translating these natural forms into functional, manufacturable technologies, we can develop next-generation VAWTs that are both more efficient and more environmentally integrated.

#### 3.4.2. Toward a Bioinspired Design Framework

One of the most valuable outcomes of this study is the conceptual foundation for a **bioinspired design framework** specific to wind turbine development. This framework consists of:

- **Observation:** Analyzing the structural and functional adaptation of plants to wind forces
- **Extraction:** Identifying repeatable geometric or material principles from botanical literature
- **Translation:** Adapting these principles into mechanical equivalents suitable for modeling and simulation
- **Validation:** Testing the aerodynamic and structural performance through CFD and experimental methods
- **Implementation:** Applying the validated designs into functional prototypes or commercial systems

This iterative process can guide designers, engineers, and biologists working collaboratively to produce blades and systems that resonate with ecological logic while meeting technical standards.

#### 3.4.3. Research Opportunities Moving Forward

Building on the findings of this review, future research can explore several promising directions:

- 1) **Advanced Simulation and Modeling**  
Using high-resolution CFD and fluid-structure interaction models, researchers can test how different anatomical adaptations affect flow behavior under variable wind conditions. For instance, simulating vein-reinforced blades or morphing blade skins can provide valuable insights into dynamic aerodynamic responses.
- 2) **Material Innovation**  
Developing materials that mimic the composite nature of plant tissues combining flexibility and

strength can lead to lighter, more adaptive blades. Biodegradable polymers or bio-based composites may also open up opportunities for low-impact manufacturing.

3) **Full-Scale Prototyping and Field Testing**

Beyond laboratory simulations, real-world testing of bioinspired VAWT prototypes under diverse environmental conditions is crucial. Performance data from long-term deployment would help validate efficiency claims and identify maintenance or durability issues.

4) **Design for Distributed Energy Systems**

Bioinspired VAWTs are particularly suited for decentralized energy solutions in rural, coastal, or disaster-prone areas. Their low startup speeds, minimal noise, and aesthetic integration into landscapes make them ideal for community-scale renewable energy deployment.

5) **Cross-Disciplinary Education and Policy Support**

Embedding biomimicry into engineering education and providing research funding incentives for interdisciplinary innovation can accelerate the adoption of nature-inspired design.

Policymakers can also play a role by supporting standardization efforts for biomimetic technologies and integrating them into sustainability frameworks.

### 3.4.4. Final Reflections

As the global energy sector seeks to decarbonize and decentralize, nature offers not only inspiration but also a roadmap. Plants, through millions of years of evolutionary refinement, have solved many of the problems engineers face today often with elegance, efficiency, and resilience that modern technology still struggles to match. By studying and adapting these principles not as direct copies but as functional blueprints we can create technologies that are not only high-performing but also aligned with ecological integrity. The bioinspired vertical-axis wind turbine stands as a compelling symbol of this potential: a clean energy system rooted in natural form, powered by renewable forces, and designed in harmony with its environment. This review invites engineers, designers, and scientists to look beyond the laboratory and into the forest, the garden, and the canopy where the next generation of wind turbine blades may already be growing.

## 4. Conclusion

The integration of biological insight into engineering design is a growing paradigm in technological innovation, particularly within the realm of sustainable energy. This study has provided a comprehensive interdisciplinary literature review exploring the relevance and applicability of plant anatomical principles to the aerodynamic optimization of vertical-axis wind turbine (VAWT) blades. Through detailed examination of morphological traits such as leaf curvature, venation, surface microstructures, and spiral phyllotaxis, this research has revealed how evolutionarily refined natural systems can inform and inspire the design of more efficient and adaptive wind energy technologies. One of the most significant findings of this review is the functional parallelism between plant structural adaptations and aerodynamic objectives in turbine design. Leaves, through their curvature and material flexibility, demonstrate natural strategies for minimizing drag and managing fluid flow. Venation patterns provide a model for lightweight but structurally resilient internal support. Microtextured epidermal surfaces, long known in botany for their roles in water repellency and gas exchange, now find potential analogs in modern surface engineering for flow control. Finally, phyllotactic patterns in spiral growth yield geometrical configurations that naturally balance distributed loads and resist torsional stress, which are directly translatable to helical VAWT blade designs. The analysis has also shown that while initial experimental and simulation-based efforts have demonstrated promise in adopting bioinspired blade elements, there is still much work to be done in material realization, durability testing, and standardization. Most existing studies remain within the conceptual or prototype phase. However, advancements in additive manufacturing, digital scanning, and bio-based composite materials continue to close the gap between biological mimicry and practical engineering application. This study contributes to the growing body of knowledge surrounding biomimicry, renewable energy engineering, and cross-disciplinary innovation in the following ways:

1. Theoretically, it introduces a structured, functional taxonomy for mapping plant anatomy to aerodynamic and structural design features in VAWTs.
2. Methodologically, it outlines a framework for conducting interdisciplinary literature synthesis in the context of energy technology development.
3. Practically, it proposes a series of implementable ideas for VAWT blade design enhancement ranging from curvature modeling to microtextured coating strategies.
4. Strategically, it opens up opportunities for sustainable, nature-integrated energy systems that are locally adaptable and aesthetically compatible with the environment.

The relevance of this exploration is heightened in the context of global energy transition goals, climate adaptation strategies, and the need for decentralized, scalable power systems. Bioinspired VAWTs may offer not only technical benefits in terms of performance and maintenance, but also environmental and social advantages in settings such as rural electrification, architectural integration, and educational demonstration platforms.

In moving forward, several key recommendations can be made:

- Development of experimental prototypes using composite materials informed by plant tissue structure, especially in small-scale wind energy settings.
- Integration of botanical morphology into engineering education, promoting early-stage awareness of nature-inspired innovation among students.
- Institutional collaboration between faculties of engineering, biology, and material science to develop shared research agendas on biomimetic energy systems.
- Policy and funding mechanisms that incentivize nature-based design and eco-technological transitions in the energy sector.

In conclusion, nature offers more than aesthetic inspiration it offers pre-validated strategies for solving complex physical challenges with elegance, efficiency, and adaptability. In a time when the world is urgently seeking clean, sustainable, and decentralized energy systems, looking to the forms and functions perfected in the natural world may not only be visionary it may be necessary.

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International Journal of Sustainable Social Culture, Science Technology, Management, and Law Humanities 2(1), (2025),  
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